

BSES) - BSportEx

campus: 906111; External: 906145;

| | | External ^ + |
|-----------|---|--|
| Start | | Semester 1 (February) Semester 2 (July) |
| campus: | | |
| | Commonwealth supported place Domestic full fee paying place International full fee paying place | |
| School: | | Health (Mandatory) |
| Duration: | 3 years full-time | |

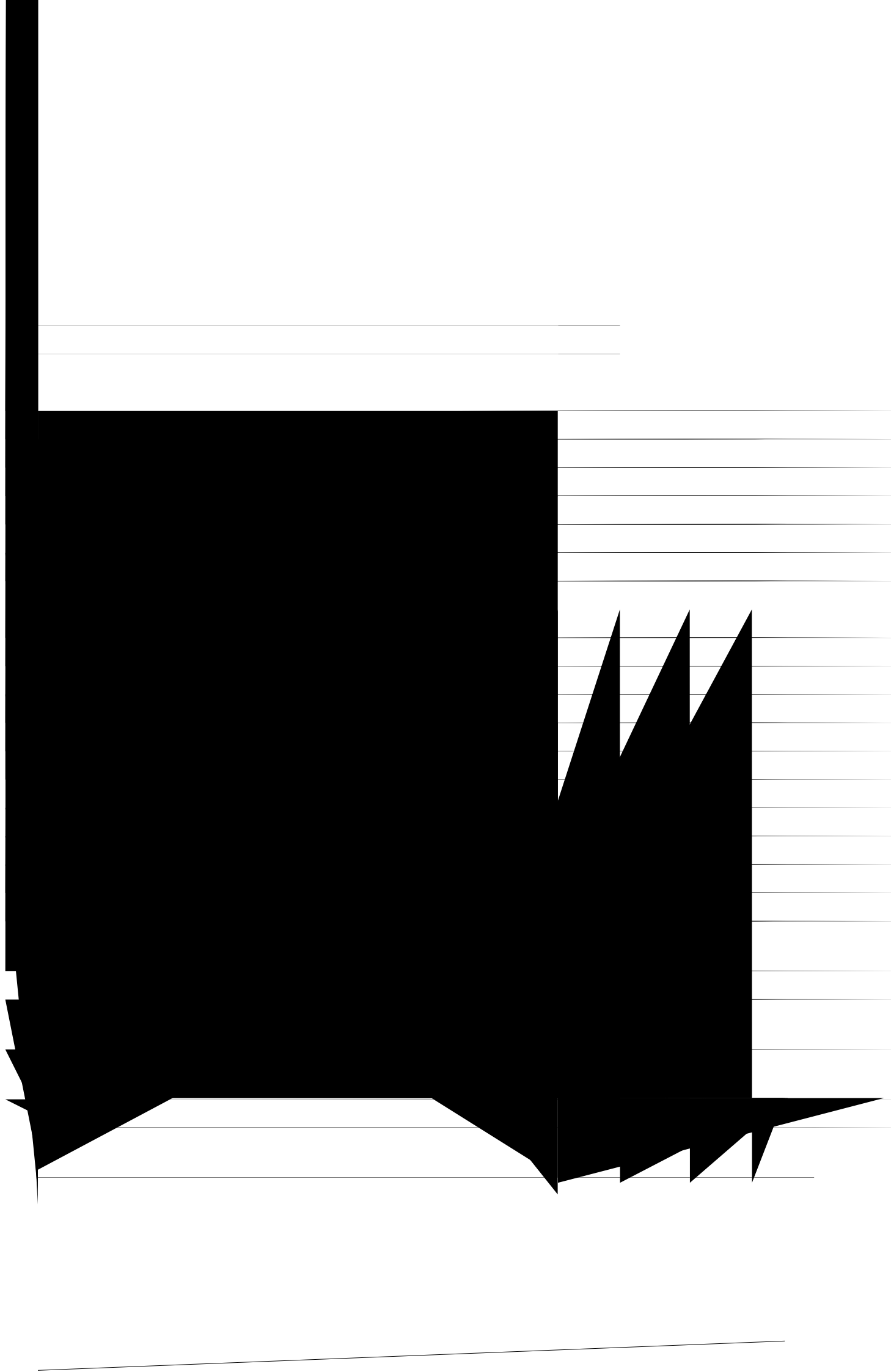
campus and practice. To fully complete the program, students must meet the attendance requirements.

international students overseas. The program is not available for students who do not meet the skill competency requirements. Exercise and health will be a key component of the program.

- (1) Review and apply theories, concepts, methods and technologies to critically analyse, consolidate, synthesise and evaluate information to generate innovative and sustainable solutions to solve complex problems to a range of diverse contexts associated with exercise and sports science.
- (2) Appraise and apply relevant exercise related knowledge and skills to specific contexts, cognisant of the circumstances of individuals and groups, including sports performers and those with disabilities, chronic diseases and from a range of age groups across the lifespan.
- (3) Act autonomously to display well-developed practical skills relevant to laboratory, clinical and field situations in the sport and exercise area.
- (4) Exhibit and apply knowledge of evidence-based practice, advanced oral, written and digital communication skills, and professional development to clearly and coherently communicate concepts, information and ideas to relevant stakeholders.
- (5) Integrate and apply a competent level of safe, professional integrity and ethical practice displayed in interactions with clients from a range of populations, and a variety of contexts, across the lifespan.

Australian Qualifications Framework

The Australian Qualifications Framework (AQF) is a single national, comprehensive system of qualifications offered by higher education institutions (including universities), vocational education and training institutions and secondary schools. Each AQF qualification has a set of descriptors which define the type and complexity of knowledge, skills and application of knowledge and skills that a graduate who has been awarded that qualification has attained, and the typical volume of learning associated with that qualification type.



Program completion requirements

To be eligible to graduate, students must have completed 24 courses and met the requirements of the program.

Required time limits

Students have a maximum of 8 years to complete the program.

IT requirements

Students must have reliable and ready access to email and the Internet. Broadband access is required for the four compulsory core courses. For information technology requirements, please see the [minimum computing standards](#).

Residential schools

The attendance requirement of residential schools within this degree is indicated by the following letters: R = Recommended; HR = Highly Recommended; M = Mandatory. To find out more about [residential schools](#), visit the [Residential School Schedule](#) to view specific dates for your degree, or visit the [Policy and Procedure Library](#).

For all modes there will be on-campus and practical attendance requirements for some courses. External students are required to attend practical classes in residential schools. In addition to residential schools, placements will require face-to-face attendance on-campus (eg: UniSQ's Sport and Exercise Clinic at the Ipswich campus) or at agreed external placement sites.

- [BIO1203 Human Anatomy and Physiology 1](#)
- [BIO1206 Human Anatomy and Physiology 2](#)
- [SES1002 Introduction to Sport and Exercise](#)
- [SES1103 Nutrition and Exercise](#)
- [SES2102 Motor Control and Learning](#)
- [SES2103 Functional Anatomy](#)
- [SES2104 Exercise Physiology](#)
- [SES2201 Health, Exercise and Sport Assessment](#)
- [SES2202 Biomechanics](#)
- [SES3206 Strength Training and Conditioning](#)
- [SES3101 Exercise Prescription and Practice](#)
- [SES3102 Principles of Sports Medicine and Rehabilitation](#)
- [SES2205 Exercise Program Delivery](#)

Articulation

The Bachelor of Sport and Exercise Science does not articulate to any other program.

Related programs

[BEDU Bachelor of Education](#) (Sport, Health and Physical Education specialisation)

[BSEH Bachelor of Sport and Exercise Science \(Honours\)](#)

Exit points

- [Associate Degree of Sport and Exercise Science \(ADSE\)](#) after successful completion of 16 Sport and Exercise courses.
- [Diploma of Sport and Exercise Science \(DSES\)](#) after completion of eight Sport and Exercise courses.
- Any students exiting with the ADSE or DSES who later want to return to complete the BSES degree, and ha

Credit

Exemptions/credit will be assessed based on the [UniSQ Credit and Exemption Procedure](#).

Course transfers

Courses may be transferred to other programs; students should consult the relevant Faculty.

Recommended enrolment pattern - Semester 1 entry

Students are able to enrol in any offered mode of a course (on-campus, external or online), regardless of the program mode of study they enrolled in.

Note: Additional requirements of a First Aid Certificate and CPR qualification are required. Some short course or other requirements independent of university courses may in some cases need to be completed.

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